

-THE STAR INN-

COUNTRY PUB & ROOMS

GLUTEN FREE MENU

Ladies Dining Club- DC
These dishes are half price for ladies
every Monday night from 6pm

Food served from 12noon until
9pm every day

Please see our blackboards for the daily
changing specials including some
amazing fresh fish

STARTERS *DC*

Garlic and herb stone baked flatbread Great to share!	£3.50	Purple Kalamata and green Boscaiola olives marinated in fresh thyme and garlic	£2.95
Smoked duck & ham hock terrine plum chutney and sourdough croutes	£6.95	Avocado, tomato and buffalo mozzarella with basil dressing	£6.95/ £10.95
Cornish mackerel pate with gentlemen`s relish, lemon and ciabatta croutes	£5.95	Today`s fresh soup served with Coughlans bakery bread & butter	£4.95
Crispy duck & chicken wings Sticky plum sauce, Asian slaw and crispy seaweed	£6.50	Baked chestnut mushrooms In a creamy white wine and garlic sauce on toasted sourdough	£5.95

SHARING BOARDS *DC*

Antipasti Sharer Serrano ham, Lomo cured pork loin and Iberico chorizo, Artisan breads, roquito chilli peppers, mozzarella marinated olives & dipping oils	£14.50	Baked Camembert infused with honey and rosemary, onion jam and ciabatta bread	£11.50
---	--------	---	--------

OPEN SANDWICHES AND LIGHT BITES

Mon to Sat from 12-5 add fries for £1.50

Flat iron steak sandwich on sourdough, onion confit and horseradish cream	£8.95	Bashed avocado on toasted granary buffalo mozzarella and pesto	£6.50
Battered cod fish finger sandwich on white bloomer with tartar sauce	£6.95	Chargrilled chicken toasted sourdough with baby gem and sriracha chilli mayonnaise	£6.95
Buck rarebit on sourdough, with our own honey roast ham or field mushroom, with a fried egg	£7.00	Ploughman`s Sussex cheddar, honey roasted ham, pickled onions, celery, pickles, crusty bread	£7.95

PLEASE TURN OVER FOR THE MAINS COURSES-

Please be aware that we do not have a separate fryer for gluten free items.

Please note- our food is cooked to order and there is sometimes a delay during peak times. All our food is prepared in a kitchen where nuts, gluten and other allergens are present. Our menu descriptions do not include all ingredients- if you have a food allergy please tell us before ordering. Fish may contain small bones.

GLUTEN FREE MENU

MAINS *DC (excludes steaks)*

Pan fried seabass fillets On a crab and saffron risotto finished with parmesan	£14.95	Our own honey roasted ham served with fat chips and free range eggs	£10.95
Chickpea & sweet potato yellow curry with spicy cashew, sticky rice and flatbread	£11.95	Pan roasted chicken supreme Wrapped in serrano on dauphinoise and greens served on a honey mustard cream	£12.95
8oz flat iron steak served with triple cooked fat chips, roasted tomato & mushroom and a rocket salad <i>Add peppercorn, red wine sauce or béarnaise sauce for £1.50</i>	£13.95	8oz Sirloin steak served with triple cooked fat chips, roasted tomato & mushroom and a rocket salad <i>Add peppercorn, red wine sauce or béarnaise sauce for £1.50</i>	£17.50
Superfood salad Red and white Quinoa, tender stem broccoli, mixed leaves, sunflower seeds, dried cranberries, walnuts, roasted butternut squash and roasted beetroot with a pomegranate and cumin dressing			£9.95
<i>With 8oz flat iron steak</i>			£13.25
<i>With chargrilled chicken</i>			£12.95
<i>With grilled goats cheese</i>			£11.50
<i>With grilled salmon</i>			£12.95

BURGERS *DC*

Classic burger brioche bun, cheddar cheese, onion jam, lettuce & tomato, coleslaw & fries	£10.95	Double burger with bacon, halloumi, cheddar, bbq pulled pork, lettuce & tomato, coleslaw & fries	£17.95
Crispy halloumi burger brioche bun, roasted peppers & field mushroom, coleslaw & fries <i>Add bacon, blue cheese or flat mushroom £1.50</i> <i>Add halloumi or BBQ pulled pork £3.50</i>	£10.50	Piri piri chicken burger brioche bun, sour cream, lettuce & tomato, coleslaw & fries	£10.95

A BIT ON THE SIDE

Thick cut fat chips		Skin on fries
House salad	All £3.25	Champ mash
Buttered greens		Onion rings

HOMEMADE DESSERTS *DC (excludes mini desserts)*

Sticky toffee pudding with vanilla ice cream	£5.95	Warm chocolate brownie with chocolate sauce and vanilla ice cream	£5.95
Mixed cheeseboard , served with celery, fig chutney and crackers	£7.50	Mulled berry pavlova On Chantilly cream with raspberry sorbet	£5.95
Baked chocolate cookie sundae with vanilla & salted caramel ice cream & fresh strawberries	£5.95	Mini pudding & a hot drink - choose from chocolate brownie or or sticky toffee	£5.50

COFFEE & TEAS

Latte, Americano, Espresso, Cappuccino or Brew Tea teas	£2.30
Or spoil yourselves with an Irish coffee or Baileys Latte	£4.50

Please be aware that we do not have a separate fryer for gluten free items.

Please note- our food is cooked to order and there is sometimes a delay during peak times. All our food is prepared in a kitchen where nuts, gluten and other allergens are present. Our menu descriptions do not include all ingredients- if you have a food allergy please tell us before ordering. Fish may contain small bones.